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NEW JERSEY STATE FEDERATION OF WOMAN'S CLUBS - JUNIOR MEMBERSHIP

# Conservation News

# Convention 2008

*Hello Clubs!*

*As the two years come to an end, I would like to say that I thoroughly enjoyed my time as your Conservation Chairman. You have bettered the lives of your families and communities today and are helping to insure a better world for*

*tomorrow by conserving energy, recycling material and working with and for the environment. My final project suggestion to you all is to "give yourselves a pat on the back for the great work you have done!"*

## Beautification

**LadyBug Release** Bring good luck to your place! Check out: [www.ladybuglady.com](http://www.ladybuglady.com)

**Clean Up A Stream Or Park.** Get a group of people together and find a stream or park that needs some tender loving care. Arrange for everyone to meet at a specific time to pick up the trash, weed, perhaps even plant some flowers.

**Go To A Zoo.** You'd be surprised how much you'll learn about the Earth. Find out how many of the animals in the zoo are at risk of becoming extinct

**Grow A Garden.** A garden provides flowers, vegetables, and environmental benefits. It can help to reduce soil erosion and may help to reduce some kinds of air pollution. Try to grow your garden using as few pesticides and chemical fertilizers as possible.

## **Have A "Green" Picnic.**

Plan an outing that doesn't create a lot of waste or pollution. For example, if you're having a barbecue, avoid using lighter fluid--it contains naphthalene, an air pollutant which is suspected of causing cancer. Instead, use an electric starter or, better yet, a device that lets you start coals using newspapers instead of fluid. Use real plates and utensils instead of paper or plastic, and reusable tin or heavy plastic cups instead of disposable paper or plastic ones.

## Resource

**Eat Green:** Try to buy from local markets. Locally grown produce and products mean fewer miles driven to get your fruits, vegetables and meat.

**Adopt something:** An animal, a stream, a whale. There's almost no limit to the number of environmental causes to which you, your friends, or your club can turn.

## **Donate Your Toys To A Worthy Cause.**

When you get tired of or grow out of your games and toys and other things, don't throw them away. Even if they are broken, they may be fixed and used by other kids less fortunate than you.

## **Recycle Everything.**

Well, not everything, but just about. As we described earlier, there is little you can't recycle one way or another. One exception is plastic, most of which is not easily recyclable. Set up recycling boxes in your home--one for collecting newspapers, another for collecting other types of paper, another for glass, and another for aluminum. Try composting, which is a way of recycling food and other organic matter. You can even try recycling plastic, if you can find a place that accepts plastic for recycling. If you can't recycle something, see if there is some way you can reuse it.

## More News....

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### New Jersey—Keep it green Campaign:

New Jersey has been a national leader in preserving open space, historic sites and farmland over the past decade. However the fund that makes us the leader—the Garden State Preservation Trust— is running out of money. The New Jersey Audubon Society, with its work with the Outdoor Recreation Alliance, launched a campaign to raise money to keep NJ Green. For more information check out [www.outdoorrecreationalliance.org](http://www.outdoorrecreationalliance.org)

### Adopt a Red Panda

Panda are almost extinct in the western portion of their range. The Red Panda Project is working to stop the destruction of their habitats in Nepal and India. Help Them by continuing their work by adopting

one of the pandas shown on their website. For more information, check out [www.redpandaproject.org](http://www.redpandaproject.org)

### "Change a Light" Pledge

*Ladies...Now is the time to be green. New Jersey has saved over 375,000 dollars in energy and have changed 13,323 bulbs! Lets all start the new year off right by pledging to change a light. Log on to the below link and choose "NJ Federations of Woman's Clubs—Junior Membership" or to create your own club just click on to "Sign up your group"*

<http://www.energystar.gov/index.cfm?fuseaction=cal.showPledge>

