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NEW JERSEY STATE FEDERATION OF WOMAN'S CLUBS - JUNIOR MEMBERSHIP

Conservation News

Back To Juniors 2007 Bulletin

Welcome Back!!!

I hope everyone enjoyed their summer!!! Now back and the kids are going back to school and its time for us to have some fun!!!

Beautification

"Nature's Best Backyards" Photo Contest

Whatever size space you have, you can create an outdoor studio that is filled with photographic opportunities. Do you think you have that award winning shot, submit it to win by 9/21/07. Check out the details at www.Naturesbestmagazine.com

Resource

Ring Leader Recycling Program

The ring leader recycling program is an educational experience, involving recyclable six-pack rings and the 3 R's (Reduce, Reuse, and Recycle). It is designed for implementation in both formal and informal educational environments to allow students to learn about and participate in an effective school recycling program. For more information check out: www.ringleader.com.

SAVE THE DATE!!!

NJSFWC-JM

State Fall Conference
October 13th, 2007

Fall Garden Checklist (Part 1)

Prepare your garden for winter. Here are some tips to use in the early fall:

- Clear away debris from the base of rosebushes. Fallen leaves can hold diseases that might develop over winter.
- Water, Water, Water. Give all your plants a good drink. The roots need plenty of moisture.
- Amend your soil.
- Shop for Bulbs. Order from catalogs or visit garden stores.
- Plant Shrubs and Evergreens
- Plant Fall Annuals



Fall Craft

What you'll need:

- Fall Leaves, pinecones, etc.
- Popsicle sticks
- Hot Glue gun or craft glue
- Styrofoam ball or clay
- Flower Pot Fall Colored Ribbon

How to Make it:

- Bake it all for 45 minutes at 200 degrees to kill any insects and eggs.
- Use the hot glue gun or craft to attach the leaves, seeds, pinecones, etc., to the ends of Popsicle sticks. If you use craft glue, let them dry.
- Put the Styrofoam ball or large lump of clay in the bottom of the flower pot.
- Stick the ends of the Popsicle sticks into the Styrofoam or clay to make your autumn leaves bouquet.
- Tie the ribbon around the pot with a big bow, optional.

America Recycles Day—November 15th

Every community that has its own guidelines for what should and should not be recycled, and how the process should take place. Call your public works department or recycling organization. That way you can be sure that you are doing your part, and doing it right. In general here are a few things to keep in mind:

Things that are NOT recyclable: Plastic Grocery Bags, light bulbs, food-soiled paper, wax paper and ceramics.

Cleanliness Counts: Rinsing cans and keeping boxes out of the weather makes them easier to process. That keeps costs down.



Quick Links

Check out these websites for new ideas:

www.energystar.gov

www.ringleader.com

www.americarecycles.org

www.KAB.org

www.epa.gov

www.njsfwc.com

Got an idea that you want to share?

Do you have a new idea to pass on to other clubs relating to beautification and resource? Let me know so I can add it to the bulletin. Email *conservation@jerseyjuniors.com*



Energy News

Energy Star your Home Office

Did you know that incandescent lights and inefficient office equipment create substantial waste heat? This added heat could make the temperature in your office uncomfortable and increase your cooling costs. To reduce cooling costs and save energy:

Look for the ENERGY STAR label when choosing [computers](#), [monitors](#), [printers](#), [fax machines](#), [copiers](#), [scanners](#), and [multifunction devices](#).

Make sure your home PC is using its [power management](#) capabilities. A screen saver does not save energy, but an enabled ENERGY STAR labeled monitor will conserve energy by going blank after a preset period of inactivity.

Incorporate ENERGY STAR qualified lighting to reduce eyestrain and save money.

[Replace existing bulbs with compact fluorescent light bulbs](#) that burn less hot than halogens or incandescent bulbs and use less energy to operate.

Did you Know???



The typical household spends \$1,900 a year on energy bills. With ENERGY STAR, you can save up to 30% or more than \$600 per year.

Change a Light! The ENERGY STAR Change a Light Campaign is a national challenge to encourage every American to help change the world, one light — one energy-saving step — at a time. You can show your commitment by pledging to replace at least one light in your home with



[Learn more about CFLs >](#)

one that has earned the ENERGY STAR. Take the pledge: <http://www.energystar.gov/index.cfm?fuseaction=cal.pledgeForm> and click on NJ State Federation of Woman's Clubs—Junior Membership as the organization you belong to.

Make sure you are reporting all the energy projects on your reports! You could win a "Energy Star" Achievement Award!

Don't' Forget..... Fall Conference 10/13

Recycle your cell phones for Children's Specialized Hospital.

Hold a collection in your club to collect unused cell phones and bring them to state fall conference.

Each phone donated to CSH will raise approximately \$3.00

Each!!!! Have any questions?? Email me at conservation@jerseyjuniors.com.

Stop by the conservation table and pick up new ideas and information for your club. Also sign up for a chance to win a pack of "energy star" light bulbs!

