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Spring Bulletin 2008

Arbor Day

- *Celebrate Arbor Day:* Become a member on www.arborday.org and receive 10 free trees to donate to your community.
- Did you know the State Tree is the Northern Red Oak? Celebrate the State wide Arbor Day Holiday on the last Friday of April!
- Looking for ideas on how to educate your kids on the necessity of trees? Click on <http://www.arborday.org/kids/teachingyouth.cfm>
- Is your town a tree city? Check for your town on

<http://www.arborday.org/states/index.cfm?state=NJ&treecities=9999>. If you don't see your town this is a great way to work with your local town government to praise those trees!!

Calling out Kids!! The 2008 Arbor Day National Poster contest is beginning. To find out more about the contest, click on

<http://www.arborday.org/kids/postercontest/index.cfm>.

Earth Day

- Celebrate the 38th Annual Anniversary of Earth Day on April 22nd. by educating and conservation about the earth. Have a pennies for the planet fundraiser or a earth day groceries project event.
- Already have a earth day activities scheduled? Advertise it on www.earthday.net. Register your organization to promote your activities or even check out other project opportunities in your area.

Beautification

Spring To Do List: Spring Garden Maintenance:

Spring is a exciting time for gardeners as preparations are made for the beauty of the garden as we enter Spring.

Pruning—Prune blooming shrubs as soon as the blooms have passed.

Weed your beds and borders before they have a chance to expand.

NJ Audubon Society

Looking for some winter and early spring activities in conservation. Plan to visit any one the sanctuaries around the state.

www.njaudubon.org/Calendar/caldate.html

Resource

GreenDimes.com

Did you know that your name is typically worth 3 to 20 cents each time it is sold? 100 Million Trees are ground up each year for unsolicited Mail? It wastes 28 billion gallons of water for paper processing each year. That's 4.5 million tons of junk mail produced each year! 320 Million of local taxes are used to disposed unsolicited mail each year. The average person only gets 1.5 personal letters each week compared to 10.8 pieces of junk mail. 44% of all junk mail is thrown in the trash, unopened and unread! Each month GreenDimes monitors the Direct Marketing Association's mailing list to ensure that your name gets off and stays off their mailing lists. To save millions of trees and the headache of disposing all the junk mail sign up at www.greendimes.com.

Get Involved with your local Zoo.

Did you know that your local county zoo has a number of volunteer opportunities as well as classes for your children to take? If you don't know how to contact your local zoo, google the name of the zoo and look for the volunteer or the education coordinator for information.

Collect Cell phones for Children's Specialized Hospital

You still have time to send in those unwanted cell phones for Children's Specialized Hospital.

SAVE THE DATE:

NJSFWC-JM Convention
May 16th—18th

Energy News

Overall System Maintenance Checklist

Dirt and Neglect are the #1 causes of heating and cooling system failure. One of the most important steps you can take to prevent future problems and unwanted costs is proper maintenance. Here are some tips that should be completed in the beginning of the spring and fall:

- Check Thermostat Settings— to make sure that the heating and cooling system turns on and off at the programmed settings.
- Inspect, Clean or change air Filter in you central air conditioner , furnace , and /or heat pump. A Dirty filter causes energy costs to be greater than they should be and they can damage you equipment, leading to early failures.

Improve you Home's Comfort with Home Sealing

- Seal air leaks to reduce drafts and get the full performance out of the insulation.
- Add insulation to keep your home comfortable

and energy-efficient

- Choose energy star qualified windows when replacing or adding windows to your home.

"Change a Light" Pledge

Ladies...Now is the time to be green. New Jersey has saved over 375,000 dollars in energy and have changed 13,323 bulbs! Lets all start the new year off right by pledging to change a light. Log on to the below link and choose "NJ Federations of Woman's Clubs—Junior Membership" or to create your own club just click on to "Sign up your group"

<http://www.energystar.gov/index.cfm?fuseaction=cal.showPledge>



How to go Green

Got an idea that you want to share?

Do you have a new idea to pass on to other clubs relating to beautification and resource? Let me know so I can add it to the bulletin. Email conservation@jerseyjuniors.com

How to Green your Cleaning

Cleaning products are everywhere in our homes and offices. Most of the conventional cleaning products are petroleum based which causes environmental hazards. Here are some suggestions that you can green your cleaning:

- Use biodegradable, non-toxic solu-

tions that do not have petroleum... Or use vinegar and baking soda on anything. Mix in a little warm water and you got a all purpose cleaner.

- Sprinkle a little baking soda on the carpet to eliminate odors.
- Use air fresheners? Instead try boiling cinnamon and cloves or any favorite herb...